Blue Valley Southwest Canis Lupus Cup Itinerary

Thursday, Sept. 26, 2019 BVSW HS XC Course

Blue Valley Southwest HS, 17600 Quivira Road, Overland Park KS

2:00 pm Athletes released from class, go straight to locker-rooms and change.

2:15 pm Busses leaves for BVSW.

2:35 pm Busses arrive at BVSW. The busses will leave to run routes, make sure all Gear is off them. Help unload truck and set up camp….EVERYONE!!

4:30 pm Girls Race….5k….All girls in one race….Top 15 medal

5:15 pm Boys Race…5k….All boys in one race…Top 15 medal

6:00 pm Awards ceremony including CANIS LUPIS CUP! This is a traveling trophy for the team with the lowest combined BOYS AND GIRLS TEAM SCORE!!!!

6:30 pm Busses load to go back to East. You may leave with parents after helping to load up

7:00 pm Busses arrive at East. Regular Practice Friday!

THIS IS THE FIRST TIME WE HAVE ATTENDED THIS MEET. TOP THREE TIMES AND CLASS RECORDS ARE YOURS TO EARN!!!

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. School gets out at 2:55pm & getting into or out of the parking lot can be difficult between 2:55-3:10pm, so plan accordingly. Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms

The awards ceremony will take place at the rock podium near the starting line.